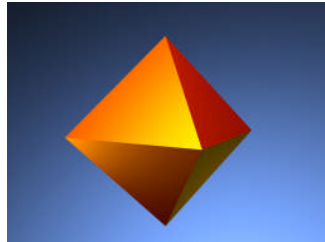


Remembering the Octahedron and the Geometric Tree

Sacred Geometry, Consciousness, and the Path of Awakening



*The Original and First Workshop in the Vehicles of Light Series
from Seed of Life Institute and the SOLi School*



with Ronald Holt

Flower of Life Research Director

and Lyssa Royal Holt

Flower of Life Research

Education Director and

World Renowned Trance Channel

April 28-29, 2012 – New York City, NY

As above, so below has been an understanding in wisdom schools for millennia. The patterns of creation are mirrored from the microscopic to the celestial. When we pay attention, we can tap into these greater truths by learning about the basic patterns of creation and how they not only support us in life on Earth, but can act as powerful tools that assist us in the evolution of our consciousness. In this workshop, we move beyond the Flower of Life teachings with which many are familiar and we explore levels of consciousness that are intrinsically essential to our awakening as a planetary species.

What is included in this workshop and why is it so unique?

This workshop is a unique combination of the ancient wisdom of sacred geometry with the modern insight of sacred geometry and consciousness researcher Ronald Holt, in combination with the ground-breaking channeling of his wife, internationally renowned trance channel Lyssa Royal Holt, who is most known for her star heritage teachings and her clear channeling ability. It is a combination of lecture and knowledge transmission, experiential exercises, meditation, energy attunement, and group work (in the 3-day version).

Topics include:

- ◆ The process of creation and the 7 main consciousness frequencies of all life
- ◆ The sacred geometry associated with each consciousness frequency
- ◆ Star wisdom teachings (Pleiades, Sirius, etc.) and their sacred geometry counterparts
- ◆ The beginning of the new 26,000 year cycle and the importance of the octahedron

- ◆ The octahedron and how it was used in ancient mystery schools
- ◆ A powerful energy attunement channeled for the whole group
- ◆ How to use the octahedron to activate the light body
- ◆ Meditation practice using the octahedron activation
- ◆ The human ego and how it is expressed geometrically
- ◆ Working with the higher geometry activations to refine consciousness evolution
- ◆ Using the octahedron in sacred sites
- ◆ An octahedron healing method (3-day workshop only)
- ◆ The Higher Harmonic Meditation – a meditation to work with the geometry tree

How this Workshop Can Enrich Your Awareness

- ✦ Learn to feel the subtle energies of each geometric form
- ✦ Attune to the appropriate energy for 2012 and beyond
- ✦ Understand the bigger picture of creation, polarity, and our journey to wholeness
- ✦ Experience a new, easy meditation method to integrate polarity and activate the light body
- ✦ Feel how octahedron work powerfully opens the heart
- ✦ Learn simple yet powerful exercises to work with prana and the body's chi energy
- ✦ Integrate the energy of the stars and Mother Earth
- ✦ Experience a strong connection to your Higher Self

Through the archetypes of sacred geometry, experience your infinite connection to the universe!

Want to Know More?

How did this workshop come about? – We began experimenting with the octahedron in 2002 and continued the experimentations in some of our Seed of Life workshops. It was so powerful, we continued with the research. Spontaneously, students of the star tetrahedron merkaba contacted us and told us that they could no longer work with the star tetrahedron because it kept changing into an octahedron. As we worked with dolphins (in our SOL 2 workshop), we also noticed that the octahedron was a key element in working with dolphins. This work is the culmination of the work started in 2002. In 2005, we gave our first octahedron workshop. Since that time, the work has continued to evolve.

Why is it a partially channeled workshop and “who” will be giving the information? – Ron began working with the octahedron in the 1980s but gave up the experimentations. As it became obvious that this information was reemerging and that the time was right to introduce it, Ron utilized Lyssa's natural channeling ability in order to begin to shape the program. Humorously, Lyssa has stated over and over that she is not a “sacred geometry person” and didn't really understand it. However, when she is in the channeling state, all of that changed. Lyssa's channeled contacts began to give in depth information about the octahedron, sacred geometry, and the nature of consciousness. When combined with Ron's intuitive knowledge and experience, the result was phenomenal. The beings guiding this information are multiple, but the primary sources are: Sasha (a female from the Pleiades who Lyssa has channeled for over 20 years), the “Light Architect from Arcturus”, and Archangel Michael. Whether participants are familiar with channeling or not, we encourage everyone to enjoy the experience and see how this information can enrich their lives.

There are many other merkaba-type meditation formats out there. Is this method similar? This information and this meditation method are not really all that similar. Past participants have found the octahedron process to be gentler and easier than other forms out there. It is easier to learn and actually requires a different way of focusing than other methods. All of this will be explained clearly. Because of this, anyone can participate, though we do recommend that students have *some* familiarity with sacred geometry, though it is not required.

Cost: Please contact coordinator, below

Registration Information: Please contact our NYC coordinator for registration information. This workshop is coordinated by Maureen St. Germain and her staff, who will also be handling registrations. For further info, please email them at info@maureenstgermain.com. They will also provide you with the exact location and other important details.

Workshop Facilitators

Ronald Holt began his spiritual training as a teenager in northern California when he devoted himself to a committed practice of Wing Chun Kung Fu. This gave him the foundation of a steady mind, focused thought, and the ability to sense subtle flows of energy. In the late 1970s, as a young man in his early 20s, he began his practice of meditation, even through his tour of duty on an aircraft carrier in the US Navy. Once honorably discharged, he moved to New Mexico (USA) and began a serious study of esoteric spirituality, studying under a teacher and channel outside of Albuquerque.

Throughout his life he has always received inspiration and information, but when he was younger he didn't know how to use it. During the 1980s, he began to receive information regarding the ancient science of sacred geometry – most especially utilizing the wisdom of the platonic solid called the octahedron. His explorations into sacred geometry continued and in the early 1990s he began teaching workshops based on sacred geometry and meditation. He also traveled extensively to sacred sites in the American southwest and Hawaii, and let nature and his inner inspirations teach him what he needed to know for the future.

At this time, he was also working as a marine and field archaeologist for the prestigious Bishop Museum of Honolulu – with projects that took him to all of the Hawaiian Islands and the Marianas Islands (Rota, Guam, Saipan, and Tinian). In this work, he had the great opportunity to work with the Hawaiian medicine people called kahunas, which furthered his education and practice of indigenous spirituality.

In 1997, Ron became the director of Flower of Life Research, an organization that spreads the teachings of sacred geometry and meditation worldwide. He had the responsibility to teach other teachers, develop new programs, and continue teaching his original workshops that uniquely combine meditation, martial arts principles, sacred geometry, and the wisdom of the Earth into profound experiential seminars that are life-changing for participants.

Ron is also a certified teacher of Taoist yoga (Korean Sundoh style), and has trained in Hatha yoga at the master educational level (500 hours). Since his teenage years he has utilized the training he has had in various forms of Kung Fu. Today, he combines his training in the internal martial arts, meditation, sacred geometry, and archaeology with his unique methods to work with opening the human heart. His workshops (sometimes together with wife Lyssa Royal Holt) are inspiring, life-changing, and totally unique. By nature he is a private person who does not feel comfortable “going public”, but his many students continually ask for more. Through the SOLi School, we are thrilled to offer more of his original work. Ron's workshops tangibly help connect the student to their own source of Divine energy so that they can truly feel their connection to the universe *and* apply that wisdom to everyday life in an easy, practical way.

Lyssa Royal Holt began her training and teaching in the mid-1980s. She was first formally trained as a trance channel by a well known and respected channel in Los Angeles. The approach to her training was psychological in nature, because doctoral candidates at UCLA were studying the process of channeling as it relates to personality integration and development, and her teacher was part of the research program. Because of this approach and her B.A. in psychology, Lyssa learned channeling from the point-of-view that it could be a tool for spiritual evolution as channels learn to work with their egos so that it would not interfere in the channeling process. This profound method of learning to channel influences the way she teaches the skill today – as a tool for personal and spiritual evolution. While Lyssa still trance channels today, she also teaches in a consciously-connected state in which her higher awareness communicates through her “human self” as she teaches – a skill that has been honed for more than 25 years.

Lyssa is most known for her in depth explorations of the nature of extraterrestrial consciousness and how it impacts human evolution. Her books *The Prism of Lyra*, *Visitors from Within*, *Preparing for Contact*, and *Millennium*, are classics in the field of channeled literature, as well as her newly-released *Galactic Heritage Cards* -- a one-of-a-kind set of 108 inspirational cards based on the cosmology she introduces in her classic book *The Prism of Lyra*. She also has an extensive library of audio material based on her work since the late 1980s. She has been interviewed on TV and radio around the globe (including most recently by the Discovery Channel, and Shirley MacLaine’s radio show), and has appeared in countless magazine articles over the last 2+ decades.

At present, Lyssa works extensively in Japan and has done so since 1990. She also offers courses in North America and Europe as time allows. Sometimes she offers private consultations as well. She also works from time-to-time with her husband Ronald Holt, combining her intuitive and channeling work with his expertise in the fields of sacred geometry, meditation, yoga and martial arts, and much more.

Lyssa is also a certified teacher of Taoist yoga (Korean Sundoh style) and a Registered Yoga Teacher (RYT-500) at the master educational level of 500 hours. Over the many years of her work she has found that working with the body is a key element in spiritual evolution and growth. Thus, her courses often seek to balance not just mind, emotions and spirit, but body as well. No matter the course, whether dealing with extraterrestrial consciousness, yoga, or spiritual awareness in general, the practical application of all that she offers is of utmost priority to her. She lives in Arizona, USA with her husband Ronald Holt.

