

# Contact and Consciousness

**An Advanced Training to Explore and Initiate  
Interdimensional and Extraterrestrial Contact  
as a Path toward Consciousness Evolution**

**Facilitated by World Renowned Trance Channel and Author**

**Lyssa Royal Holt**

*Author of **Preparing for Contact** and **The Prism of Lyra***



**May 5-6, 2012**  
**Foster, Rhode Island**  
(Near the border of RI & CT)

## **Included:**

- ✦ A night of contact work under the stars (weather permitting) ✦
- ✦ Experiential exercises to prepare the human consciousness for contact ✦
  - ✦ Lectures & channeling from Lyssa ✦
  - ✦ Guided meditations, and training in contact protocol ✦
  - ✦ Exploring the human ego and its response to contact ✦
- ✦ Remembering your contact experiences and seeing them clearly ✦
- ✦ Working with nonlocal mind (unity consciousness) in contact, and more! ✦

*Due to the nature of channeling, many surprises often occur that cannot listed here.  
To some degree, the curriculum will be adjusted based on the experience of participants  
in working with Lyssa and the high level of energy during this work. No two workshops are alike.*

**Full Info & Details at:** [www.lyssaroyal.com/public.htm](http://www.lyssaroyal.com/public.htm)

**Feedback**

**Local Coordinator:** Joy Poland, [joyppoland@aol.com](mailto:joyppoland@aol.com)  
Tel: (401) 714-7123 (Rhode Island)

**Tuition:** \$299. Includes outdoor contact work at night and two days of workshop

*The channelings, information, integrity and compassion that Lyssa brings forth in her work is truly amazing and empowering. Lyssa's channeling work offers a perspective that truly can assist one in making sense of what is going on in the world at this time. — J.P.*

*Lyssa Royal has built an exceptional body of work that stands as one of the highlights within the field of channeling... — JK, PhD.*

[www.lyssaroyal.com](http://www.lyssaroyal.com)